



Dance Theme School of Dance 2009-2010 Class Schedule and Apparel List

Why Proper Dance Attire Is Important?

- Teachers can see a student's body and give the best corrections regarding body alignment and placement.
- Self-discipline
- Dance class does not become a fashion show
- Money can be invested in dance classes and training rather than expensive trends in exercise wear

Why Is Hair Pulled Back Important?

- Safety for the student: It allows the student to focus on spotting without worrying about getting hair in their eyes
- A ballet bun is necessary for ballet as the teacher can see the alignment of the student's neck
- Self discipline
- Hygiene: Hair loss is enormous and throughout the course of a class there can be a great amount of hair on the floor if the hair is not tied back. Securely tied back hair prevents hair on the floor which we really don't want the students to have to dance in!

What Will Happen If A Student Does Not Wear Proper Dance Wear?

- Students will be given two warnings, after that they will be asked to sit out of class and watch.

Why Dance Shorts?

- This allows the teacher to see a student's legs to properly correct the knee placement, etc.
- A different color short can be worn in class other than black, but they will require black for year end show.

Not Acceptable Dance Wear:

- Soccer or gym shorts (male dancers can wear)
- T-shirts
- Sweat pants

General Attire Rules:

- No runs or holes in tights
- Absolutely no undergarments showing. If you need to wear support then make sure your bodysuit covers it up!

Any Exceptions?

- Hip hop class

Mini Stars Program

3 year old Classes

- pink ballet slippers, red tank bodysuit (Style-Capezio TB142 or So Danco), white tights

4 year old Classes

- pink ballet slippers, black tap shoes with black elastic, red tank bodysuit (Capezio TB142 or So Danco), white tights

5 year old Classes

- pink ballet slippers, black tap shoes with black elastic, black tanksuit, white tights

Tap Classes

Monday 4:45-5:30 Tap Line

- Tap shoe color not yet known

Monday 5:30-6:15 Grade 3 Tap Miss Debbie

Monday 5:30-6:15 Grade 4 Tap Miss Robin

Monday 6:00-7:00 Grade 2 Tap

Monday 6:15-7:00 Grade 4 Tap Miss Debbie

Monday 6:15-7:15 Grade 3 Tap Miss Robin

Monday 7:00-8:15 Grade 5 Tap Miss Debbie

Monday 7:15-8:15 Grade 3 Tap Miss Robin

Thursday 5:15-6:15 Grade 1 Tap

Thursday 5:45-6:30

- Beige tap shoes, Black tanksuit, Black dance shorts

Monday 9:15-10:15, Wednesday 6:00-6:45, Wednesday 6:45-7:30, Wednesday 9:15-10:00

- Black shoes

Thursday 8:00-8:45

- Black tanksuit, black JAM pants, black tap shoes

Ballet Classes

All Miss Katie's Classes

- Black bodysuit, Mondor Ballerina convertible tights

Miss Heather's Classes

Monday 5:00-6:00, Monday 7:00-8:15, Tuesday 5:00-6:00, Tuesday 6:45-8:00, Wednesday 6:15-7:30,

Thursday 7:15-8:15, Thursday 8:15-9:15, Saturday 9:30-10:15, Saturday 12:30-1:45

- Black tanksuit, Mondor Ballerina convertible tights, pink ballet slippers, hair in clean bun

Monday 6:00-7:00, Monday 8:15-9:30, Tuesday 8:00-9:15, Wednesday 7:30-9:00

- Navy blue tanksuit, Mondor Ballerina convertible tights, pink ballet slippers, hair in clean bun

Wednesday 5:15-6:15, Thursday 5:30-6:30

- Pink Mondor tanksuit, white ankle socks, pink ballet slippers, hair in clean bun

Tuesday 6:00-6:45, Thursday 6:30-7:15

- Pink Mondor tanksuit, pink tutu, bare feet, hair in clean bun

Jazz Classes

Tuesday 6:15-7:15, Tuesday 8:00-9:00, Tuesday 6:45-7:45, Wednesday 5:00-6:00, Wednesday 5:00-6:30, Wednesday 6:30-7:30, Thursday 6:15-7:15, Saturday 11:15-12:15, Saturday 1:00-2:00, Saturday 1:00-2:30

- Black tanksuit, black dance shorts, beige shoes

Tuesday 5:00-5:45, Thursday 6:15-7:00, Thursdays 6:30-7:15

Black tanksuit, black dance shorts, pink ballet slippers

Thursday 7:15-8:15

Black top, black dance pants, black jazz shoes

Thursday 7:00-8:00, Thursday 7:15-8:00

Black Jam pants, black tanksuit, black ballet slippers or jazz shoes