



dance theme

September 2011 Newsletter

Welcome To Dance Theme!

Welcome to the 2011/2012 dance season! We are thrilled to be entering our 33rd year of offering quality dance training and look forward to sharing this year with you. If you have any questions or comments, don't hesitate to ask your child's teacher or at the office.

We need your correct email address! Most of our communication is done through email. Please ensure that we have an email address that you check frequently on file.

At Dance Theme, we strive to maintain a clean, healthy and positive environment. To help us achieve this, please:

- Remove outdoor footwear in the lower lobby.
- Hip hop students must wear clean, indoor footwear in class with non-marking soles.
- No cell phones in the studios.
- No running or excessive noise in the waiting room areas. Remember classes are in progress and the office staff is working.
- Only water is allowed in the studios. **No pop or slurpees.**
- Keep the student lounge clean by picking up your garbage.
- Any disruption in a class is a loss of learning time for the teacher and students. After a disruption, it takes valuable class time for the teacher to regain the focus of the students. To avoid disruption, please be on time for class. If you are late, open the door quietly, apologize and quickly get into place.
- Proper dance attire is required.
- Hair is to be in a clean ponytail or bun.
- No foul language or inappropriate discussions in the studio.
- PLEASE don't touch the studio mirrors.

Dance Theme Open House

Come join us and meet other students, parents and teachers from Dance Theme!

- Free Ice Cream
- Face Painting
- How To Make A Bun Demonstration
- Stage Make-Up Demonstration
- Craft Table

**Sunday, September 25th at
Dance Theme 2:00 - 4:00 p.m.**

Our Teaching Philosophy

- To teach dance through positive motivation.
- To focus on the process of developing proper technique and skills.
- To instill strong self esteem in a student by ensuring that they are placed in the correct class for their level of training, needs and maturity.
- To teach student's to respect their body through exercise, nutrition and proper rest.
- To challenge the student both physically and mentally allowing them attainable goals.
- To have fun!

Summer Dance Camps

The Prince and Princess Dance Camp, Dancin' Daze and Summer Dance Extravaganza were a huge success! Watch for next year's dates.

DT Boot Camp

10 Weeks

Take one or two classes per week! Get in shape and join the fun!

Mondays 8:00 - 9:00 p.m.

Thursdays 7:30 - 8:30 p.m.

Commencing Monday, September 26th. One class per week \$105.00.

Two classes per week Bonus Price! \$170.00.

Guitar Lessons

Robin Pelletier will once again be teaching private guitar lessons at Dance Theme commencing in October on Wednesday evenings. Book your spot early! See the office for further information.

Due to allergies, please refrain from sending products containing nuts to

Vocal Program

The vocal program is an amazing opportunity to take vocal classes and we are thrilled to welcome Stephanie Savage, our new vocal instructor. You can read Stephanie's amazing credentials on the studio bulletin board.

Dance Theme's parent group sponsors the vocal program so the cost is only \$75.00 for the entire fall session!

Classes commence Saturday, September 17th ending with a performance in our Christmas Show on Sunday, December 11th.

5 - 7 year olds dance from 12:00 - 12:45 p.m.

8 - 11 year olds from 9:15 - 10:15 a.m.

Registration forms are available in the office!

Book your private vocal lesson! See the office for more information.

10 Week Hip Hop

A great way to try out hip hop!

6 - 8 year olds

Fridays 5:30 - 6:15 p.m.

9 - 12 year olds

Fridays 6:15 - 7:00 p.m.

Classes commence Friday, September 23rd

\$105 (includes GST)

NEW! Baby Stars Class

This 8 week session is a parented course for 18 months to three year olds.

Enjoy bonding time with your little one as you explore the world of imagination, rhythms and dance.

Great course for parents, grandparents or caregivers!

Friday 5:15-6:00 p.m.

commencing September 28

Wednesday 11:00-11:45 a.m.

Commencing September 23

Only \$90.00

A Dancer's Body Is Their Most Important Piece of Equipment

Dancers need to take care of their body. How you fuel your body directly reflects on your energy level and your ability to perform in class. If you're feeling tired, check out what you ate. How did you prepare your body for an energetic dance class?

To help our students maintain a healthy body and learn about proper nutrition, we are introducing the following guidelines in the studio:

- Drink water! Water is vital to a clear mind and healthy body.
- Just say no to junk food! Burgers and fries won't give you the required energy for dance class. Eat healthy carbs and protein for maximum energy and focus! Grab veggies or fruit instead of a chocolate bar and trade in the chips for a granola bar.

You wouldn't want to dance with worn out shoes, don't dance with a worn out body!

Important Dates for 2011 & 2012

September 10	Classes Commence
September 23	10 week Street Jazz, Lyrical & 3-5 year old Dance & Music commences
September 25	2:00-4:00 p.m. Ice Cream Day at Dance Theme! Come and enjoy ice cream, do a craft and meet other parents and students. Free!
October 10	Thanksgiving - No classes
October 17 - 22	Viewing Week
November 28 - December 3	Viewing Week
December 11	Christmas Show – Dow Centennial Theatre
December 24	Christmas Break Commences
January 9	Classes Resume
February 20	Family Day - classes as usual
March 25	Spring Break Commences
April 2	Classes Resume
April 9	Easter Monday - no classes
May 3, 4, 5, 6	Dance Jam
June 9	Year-End Recital
June 17	Summer Break Commences

Important Payment Information

Monthly fees are due by the 1st of the month.

Most studios or hockey organizations, etc. ask that fees be prepaid prior to commencing classes. We do allow our clients to submit fees on a monthly basis. Please remember that the fees are due by the 1st of the month.

We prefer pre-authorized payment in the form of post dated cheques or pre-authorized credit card. If this is not done, it is the client's responsibility to know when your fees are due as we don't send out monthly reminders.

For your convenience, we accept the following forms of payment:

- Cheques including post dated cheques for the year - preferred
- Visa, MC including pre-authorized credit card payments
- Interac
- Cash

We know your time is valuable. The fastest and most convenient form of payment is post dated cheques or preauthorized credit card. If you are paying on a monthly basis at the office, it is quite likely you will have to wait in line to make payment.

Office Hours

Monday through Thursday 5:00 - 9:00 p.m.
Saturday 9:00 a.m. - 2:30 p.m.

Costuming, Christmas Show tickets and recital tickets will not be distributed if your account is in arrears. To withdraw from a class a Class Withdrawal Form must be obtained from the office, completed and returned. Invoicing to an account will cease when the form has been received.

Absentee from class is not a form of withdrawing from class.

Thank you in advance.